



MOBILE MUSEUM of ART

On March 2009, The Mobile Museum of Art will feature the traveling exhibit ***Picturing Health*** - original oil paintings by Norman Rockwell that explore the subjects of the doctor/patient relationships, physical fitness, and health and healing across the generations. Rockwell's paintings are accompanied by more recent artworks by some of today's prominent visual commentators exploring similar themes in a contemporary perspective.

Art therapy is a mental health profession that uses the creative process of art making (drawing, painting, sculpture, and other art forms) to improve and enhance the physical, mental and emotional well-being of individuals of all ages. It is based on the belief that the creative process involved in artistic self-expression helps people to resolve conflicts and problems, develop interpersonal skills, manage behavior, reduce stress, increase self-esteem and self-awareness, and achieve insight.

In conjunction with this exhibit, the Mobile Museum of Art, in collaboration with The Learning Tree, Inc. will present a two-part program on **Saturday April 4, 2009**, emphasizing the use of Art Therapy in today's medical concerns. Participants will be invited to experience a deeper appreciation and knowledge of Art Therapy, construct art activities and programs that can be utilized in multiple environments, and cultivate a curiosity to find out more.

The second part of the event would involve a tour of the Museum's Rockwell exhibit. Seminar participants would have an opportunity to work with museum educators in completing the accompanying art activity.

Please take a look at the accompanying information about this unique event. Spaces are limited, reservations are required, and Professional Development Hours Certificates will be offered. If you know of others who might want further info, please contact me.

Sincerely,

Howard McPhail
Curator of Education – Outreach
howard.mcphail@mobilemuseumofart.com
Mobile Museum of Art
4850 Museum Dr
Mobile, Al 36608
251.208.5205



The mission of our museum is to provide a place where people enrich their lives through interaction with the visual arts in thought provoking and creative ways that nourish and delight the mind and spirit.

Art Therapy for everyone – Holly Wherry

Date: Saturday April 4, 2009 **Time:** 9 am – 1 pm.

Location: The Learning Tree - Mobile campus

This seminar will introduce the techniques and processes of Art Therapy in a general overview of what art therapy is and how it reaches people on multiple levels. Participants will explore the use of Art Therapy in a variety of environments; learn methods to introduce expressive art making into the classroom, different techniques to help diverse populations, as well as how participants can use art to help themselves.

Ms. Wherry will discuss her ongoing art therapy projects with the New Orleans Museum of Art program and how the creative process of art is helping the New Orleans community in the healing and enhancement of life for children and adults in classrooms, group homes, and community settings.

Museum School Tour and Demo – Museum Educator/Docent

Date: Saturday April 4, 2009 **Time:** 2 pm to 4 pm

Location: Mobile Museum of Art

Seminar participants will complete a guided tour of the Rockwell Picturing Health exhibit in the Mobile Museum of Art Galleries, followed by a matching art activity in the Education wing of the museum.

Holly M. Wherry

Holly M. Wherry, MAAT, has served as the art therapist for the Hyogo-NOMA Art Therapy Initiative since its inception in 2007. In this position, she has led semester-long art therapy groups at the New Orleans public schools: John Dibert Elementary, Edward Hynes Charter School, Benjamin Banneker Elementary, and Einstein Charter School. Ms. Wherry has hosted numerous workshops for educators, parents, clinicians, and the public to highlight the field of art therapy as well as initiated a popular Community Art-Making Studio program for adults at NOMA. After receiving a Bachelor of Fine Arts in painting and psychology from the University of Iowa with a year at the Sorbonne in Paris, Ms. Wherry earned her Master of Science for Teachers in Elementary Education from Pace University in New York while serving in the Teach for America program. She began work on her Master of Arts in Art Therapy at the School of the Art Institute of Chicago in August 2005, and upon graduation, she moved to New Orleans to use her knowledge to help the community recover from Hurricanes Katrina and Rita. Like many others, she felt an immediate connection to the culture and people of New Orleans, and is now an enthusiastic New Orleanian.

Art Therapy for Everyone

Registration Form

Organization:

Address:

Telephone:

*Email:

Names of all attending:

- 1.
- 2.
- 3.
- 4.
- 5.

**Highlight one of the following

- | | |
|---------------|---------------|
| Workshop only | Workshop/Tour |
| Workshop only | Workshop/Tour |
| Workshop only | Workshop/Tour |
| Workshop only | Workshop/Tour |
| Workshop only | Workshop/Tour |

Please email your registration form to:

Shana Baughman
Director of Resource Development
The Learning Tree, Inc.
s_baughman@learning-tree.org
251.331.2633

To register by phone, please call Shana Baughman at 251.331.2633.

*A separate information packet and confirmation will be emailed to you following the receipt of the above information.

**Professional Credit Hours will be offered at the end of each separately listed event.

Driving Directions

Link:<http://maps.google.com/maps?f=d&source=s_d&saddr=4979+Lott+Rd+semmes+al&daddr=4850+Museum+Dr,+Mobile,+AL+36608&geocode=&hl=en&mra=ls&sll=30.749705,-88.19419&sspn=0.120825,0.176468&ie=UTF8&ll=30.749507,-88.190346&spn=0.120825,0.176468&z=13>

Start address: 4979 Lott Rd AL 36613

End address: 4850 Museum Dr Mobile, AL 36608

Start at: 4979 Lott Rd AL 36613

1. Head southeast on AL-217/Lott Rd toward English Woods Dr - 0.3 mi
 2. Turn right at Schillinger Rd N - 2.1 mi
 3. Slight left at AL-42/Moffat Rd/Moffett Rd/US-98 - 5.6 mi
 4. Turn right at Forest Hill Dr - 0.9 mi
 5. Turn left at Spring Hill Ave - 0.2 mi
 6. Turn right at Pixie St - 236 ft
 7. Turn right at Museum Dr
- Destination will be on the right - 0.5 mi